

Instructions - Activity Plan

Determine activities for the care receiver that would encourage socialization and/or stimulation, using the completed Personal History and, with input from the service recipient (family caregiver), and, whenever possible, the care receiver (person with dementia). Share the Activity Plan with the service recipient for signature, and maintain a copy of the plan in the service recipient's file.

The Activity Plan is a fluid document that can be updated any time it's appropriate to do so. Updates do not require a whole new plan; simply initial and date the changes, and inform the service recipient of all changes.

Provider agencies must use the attached Activity Plan Form or submit a variation to the Director of Alzheimer's Programs for approval that includes all of the above information.