## West Virginia Bureau of Senior Services

LIGHTHOUSE PROGRAM
Plan of Care
Service Recipient Name:
Service Recipient Address:

| Date |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Days of the Week: | Mon | Tues | Wed | Thurs | Fri | Sat | Sun | Comments |
| Hours Approved Daily: |  |  |  |  |  |  |  |  |
| PERSONAL CARE |  |  | Daily P | Planne | d Tas |  |  |  |
| A. Grooming |  |  |  |  |  |  |  |  |
| B. Bathing |  |  |  |  |  |  |  |  |
| C. Dressing |  |  |  |  |  |  |  |  |
| D. Toileting |  |  |  |  |  |  |  |  |
| MOBILITY |  |  | Daily P | Planne | d Tas |  |  |  |
| A. Transferring |  |  |  |  |  |  |  |  |
| B. Walking |  |  |  |  |  |  |  |  |
| C. Turning/Repositioning |  |  |  |  |  |  |  |  |
| NUTRITIONAL SUPPORT |  |  | Daily | Planne | d Tas |  |  |  |
| A. Meal Preparation |  |  |  |  |  |  |  |  |
| B. Feeding/Special Dietary Needs |  |  |  |  |  |  |  |  |
| C. Grocery/Pharmacy Shopping |  |  |  |  |  |  |  |  |
| ENVIRONMENTAL |  |  | Daily | Planne | d Tas |  |  |  |
| A. Light Housecleaning |  |  |  |  |  |  |  |  |
| B. Dishwashing |  |  |  |  |  |  |  |  |
| C. Making/Changing Bed |  |  |  |  |  |  |  |  |
| D. Service Recipient's Laundry |  |  |  |  |  |  |  |  |
| TOTAL MINUTES | 0 | 0 | 0 | 0 | 0 | 0 | 0 |  |

NOTE: Environmental Tasks cannot exceed 1/3 of total time.

RN Signature $\qquad$ Date: $\qquad$

