



WEST VIRGINIA BUREAU OF SENIOR SERVICES

Jim Justice, Governor
Robert E. Roswall, Commissioner

PRESS RELEASE **April 11, 2017** **For Immediate Release**

West Virginia Bureau of Senior Services Participates in National Health Care Decisions Day with Workshop and Information Outreach

Charleston, W. Va., The West Virginia Bureau of Senior Services will take part in the nationwide recognition of National Healthcare Decisions Day, Tuesday, April 18, 2017.

National Healthcare Decisions Day (NHDD) exists to inspire, educate and empower the public and providers about the importance of advance care planning. NHDD is an initiative to encourage people to express their wishes regarding healthcare and say to providers and facilities to respect your wishes. This year's theme is **"It Always Seems Too Early, Until It's Too Late."**

The Bureau will offer information to assist you in understanding advance directives and the importance of having them completed. Bureau staff will be answering your questions and providing advance directive forms recognized by the state of West Virginia. The outreach will take place at the offices of the Bureau of Senior Services located on the Food Court Level at Town Center Mall in Charleston. The event is scheduled from 10:00 a.m. to 2:00 pm.

A companion workshop entitled, **"Nothing Ever Prepared Me to Be a Caregiver,"** will also be offered on Tuesday, April 18, by the Bureau. There will be two opportunities to attend either the 10:30 – 11:30 a.m. or the 1:00 – 2:00 p.m. presentations. The workshop will cover many of the issues family caregivers face, plus ways to address those issues. It is free and open to anyone who would like to know more about providing care for a loved one.

For more information about National Healthcare Decisions Day or the caregiver workshop, contact Nancy Cipoletti, nancy.j.cipoletti@wv.gov or 304-558-3317. You can also explore National Healthcare Decisions Day at <http://www.nhdd.org>.

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