SAEF ADL and IADL Scores

0 – No Assistance

Activity is completed under ordinary circumstances without modification and within a reasonable time. A "reasonable" time involves an amount of time the individual feels is acceptable to complete the task and an amount of time which does not interfere with completing other tasks, as well as the professional judgment of staff based on the individual's age, health condition and situation.

1 – Some Assistance

Individual can complete the activity but experiences difficulty and may require aids (i.e. cane, walker, grab bars, etc.). May require prior preparation by another individual (i.e., setting up bathing items). Activity cannot be completed in a reasonable time.

2 – Much Assistance

Activity is completed only with help or the assistance of another person, or under another person's supervision by cueing. Individual performs at least half the effort to complete the activity.

3 – Unable to Perform

Individual assists minimally (less than half of effort) or is totally dependent.